



**lifestyle fitness**  
lightwater

## Getting Started

All new users must be inducted by one of our qualified fitness instructors. Please book your appointment through reception.

Getting Started (Induction) £50.00  
(Price includes Fitech fitness testing worth £150)

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## Payment Options (Free Classes)

Single - per month\* £40.00  
Couple - per month\* £75.00  
Over 60's - per month\* £32.00

\*All payable by Direct Debit.

Off-Peak Single - per month\* £32.00  
Off-Peak Couple - per month\* £60.00

\*All payable by Direct Debit.

Off-Peak hours are 6.30am - 4.30pm Monday - Friday  
and 8.00am - 10.00am and 5.00pm - 8.00pm Saturday and Sunday

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## Casual

Single Session\* £8.00

\*£50 getting started fee plus £25 yearly membership fee required.

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## Junior (11-16 years)

Single - per month\* (Includes free junior classes) £17.50

\*3.00pm - 5.30pm weekdays and 12.00pm - 5.00pm weekends. If junior customers join with parents they are not subject to the "getting started fee".

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## Corporate

Lifestyle Fitness Lightwater can offer corporate memberships to suit businesses of all sizes. For further information please contact reception.

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## Classes

Full members Free  
Casual membership £6.50 per class  
Non-members £6.50 per class



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## Indoor Activities

	Peak	Off Peak
Badminton*	£9.00	£5.00
Basketball	£36.00	£20.00
Volleyball	£36.00	£20.00
Cricket	£30.00	£30.00
Football	£36.00	£20.00
Netball	£36.00	£20.00

\*Free to members at Off Peak times

## Outdoor Activities

	Peak	Off Peak
AWP	£30.00	£10.00
Football Pitch	£85.00	£85.00
Rugby Pitch	£85.00	£85.00
Tennis Courts*	£7.50	£5.00

\*Free to members at Off Peak times

## Opening Times

Monday - Thursday	6.30am - 11.00pm
Friday	6.30am - 10.00pm
Saturday and Sunday	8.00am - 8.00pm

For further information please contact:

**Lifestyle Fitness Lightwater**  
Lightwater Country Park  
Lightwater GU18 5RG

**(01276) 472 662**

Join online at  
[www.lifestylefitness.co.uk](http://www.lifestylefitness.co.uk)