



lifestyle fitness

Membership Options

Getting Started

If you take out the annual monthly membership prior to doing your fitness induction you will receive your induction completely free of charge including an exercise programme. (12 month minimum term)

Casual

If you do not wish to subscribe to the annual monthly membership an induction and exercise programme is available at a cost of £25.00

Membership

	Monthly
Single (direct debit)	£25.00
Couple (direct debit)	£45.00

Casual Usage

Induction/Joining Fee	£25.00
Student (3 month bundle, no fixed term)	£75.00
Each visit	£4.50

Opening Hours

Monday - Thursday	7.00am - 9.30pm
Friday	7.00am - 8.30pm
Saturday & Sunday	10.00am - 5.00pm

For further information please contact:

Mapperley Sports Village
c/o Elliott Durham School
Ransom Drive, Mapperley
Notts. NG3 5LR

0115 985 8365